Ariella Goodwine Fisher, M.S., LMFT
Client Information
Mediation

Name:_____ Today's Date: _____

Date of Birth: _____ email: _____

Address: _____

City: _____ State: _____ Zip Code:_____

Phone: cell: _____ okay to leave a message? yes ___ no___

home: _____ okay to leave a message? yes ___ no___

work: _____ okay to leave a message? yes ___ no___

Emergency Contact #1:_____

Relationship:_____

Phone #: _____

Emergency Contact #2:_____

Relationship:_____

Phone #: _____

Employer: _____

Are you currently working with a psychotherapist? yes ___ no___

Please list the names and contact information for your Attorney and your Co-Parent's Attorney:

- Attorney_____
    - Phone number:_____ Email: _____
- Spouse's Attorney_____
    - Phone number:_____ Email: _____

Length of marriage: _____

Names and ages of children:
_____

_____

_____

Do you have a history of substance abuse and/or dependence? If yes, please describe.

Have you ever been hospitalized for any mental health concern? If yes please describe and list dates.

Is there a history of domestic violence in your relationship with your co-parent? If yes, please describe.

Describe your current co-parenting relationship.

What are your goals/hopes for this mediation?

In the past 3 months, have you experienced any of the following symptoms at a level that you would consider significant? Please check all that apply.

__ Aggression
__ Anger
__ Anxiety/Panic
__ Apathy
__ Avoidance
__ Compulsive Behavior
__ Crying
__ Depression
__ Difficulty Concentrating
__ Fear
__ Flashbacks
__ Guilt/self-blame
__ Harm to others/threats to others
__ Hyperactivity
__ Irritability
__ Memory problems
__ Nightmares
__ Phobias/Fears
__ Self-destructive relationships
__ Self-harm behaviors or impulses (i.e. cutting/burning)
__ Sexual acting out
__ Sexual dysfunction
__ Substance abuse
__ Physical symptoms
__ Suicidal thoughts
__ Sleep problems (sleeping too much/not enough)
__ Disordered eating symptoms
__ Other:_____

If you would like to describe any of the above symptoms further, please do so here: